

The Degree of Master of Counselling (MCouns – 240 points)

These regulations must be read in conjunction with the General Regulations for the University.

1. Version

- (a) These Regulations came into force on 1 January 2024.
- (b) This degree was first offered in 2013.

2. Variations

In exceptional circumstances the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate may approve a personal programme of study which does not conform to these Regulations.

3. The structure of the qualification

To qualify for the degree of Master of Counselling a student must:

- (a) be credited with a minimum of 240 points towards the qualification; and
- (b) be credited with a minimum of 165 points from Schedule C to these Regulations; and
- (c) be credited with a minimum of 15 points from Schedule E Group 1 to these Regulations; and
- (d) be credited with a minimum of 60 points from Schedule E Group 2 to these Regulations; and

4. Admission to the qualification

To be admitted to the Master of Counselling a student must have:

- (a) satisfied the Admission Regulations for admission to the University; and
- (b) either:
 - i.

10 Exit and Upgrade Pathways to other Qualifications

- (a) There are no advancing qualifications for this degree.
- (b) A student who has not met the requirements for the Master of Counselling or who wishes to transfer to one of the following qualifications may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate for admission, based on having met the requirements for entry:
- Postgraduate Certificate in Counselling Studies;
 - Postgraduate Certificate in Education;
 - Postgraduate Diploma in Education;
 - Postgraduate Certificate in Health Sciences;
 - Postgraduate Diploma in Health Sciences; or
 - Master of Education.

11 Disclosure of charges and convictions

A student in the Master of Counselling is required to inform the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate within three working days if they are charged or convicted of an offence while participating in the programme and of any other incidents or matters that may compromise their fitness to practice.

Schedule C: Compulsory Courses for the Degree of Master of Counselling

For full course information, go to courseinfo.canterbury.ac.nz

Course Code	Course Title	Pts	2025	Location	P/C/R/PP/EQ
COUN671	Counselling and Psychology: Theories and Skills	30	W	Campus	P: Subject to approval of the Head of School R: CFPY604, EDUC461, EDEM664, HLTH481
			X3	UC Online	
COUN672	Counselling Supervision and Reflective Practice	15	W	Campus	C: COUN675 R: EDEM671, EDEM672
COUN675	Professional Counselling Practice	30	W	Campus	P: Subject to approval of the Head of School of Health Sciences R: EDEM 672
COUN681	Solution-focused theory and skills with individuals and groups	30	X1	UC Online	P: Subject to approval of the Head of School R: COUN678; COUN679
			W	Campus	
			X3	UC Online	

Either:

Course Code	Course Title	Pts	2025	Location	P/C/R/PP/EQ
COUN685	Professional Counselling Practice	30	A	Campus	P: COUN675; COUN672 R: COUN676/COUN673/COUN674/COUN683/COUN684

or

Course Code	Course Title	Pts	2025	Location	P/C/R/PP/EQ
COUN683	Professional Counselling Practice (Part A) Part Time	30	A	Campus	P: COUN675; COUN672 R: COUN676/COUN673/COUN674/COUN685
COUN684	Professional Counselling Practice (Part B) Part Time	30	A	Campus	P: COUN675; COUN672 R: COUN676/COUN673/COUN674/COUN685

Schedule E: Elective Courses for the Degree of Master of Counselling

Group 1 Research methods

One of:

Course Code	Course Title	Pts	2025	Location	P/C/R/ RP/EQ
HLTH462	Quantitative Methods in Health	15	S2	Campus	P: Subject to approval of the Associate Dean - Academic. R: HLTH460
HLTH470	Qualitative Research Methods for Health	15	S2	Campus	P: Subject to approval of the Head of School. R: HLTH408
HLTH692	Evidence for Clinical Practice	30	X1	UC Online	P: Subject to approval of Associate Dean (Academic) R: HLTH464

or an approved research methods course of at least 15 points.

Group 2

Either:

Course Code	Course Title	Pts	2025	Location	P/C/R/ RP/EQ
COUN695	Counselling Dissertation	60	A	Campus	P: Subject to approval of the Head of School of Health Sciences
			A	Distance Learning	

or 60 points from the following courses, or other postgraduate courses approved by Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate:

Course Code	Course Title	Pts	2025	Location	P/C/R/ RP/EQ

HLTH463	Wh nau and Community Health	30	S2	Campus	P: Subject to approval of the Head of School of Health Sciences R: HLTH456
HLTH467	Mental Health and Addictions	30	X3	UC Online	P: Subject to the approval of the Associate Dean - Academic.
HLTH469	Health Issues in the Community	30	N3o30		